



Engaging Staff in Individualizing Care

Incubator Phase of the National Learning Collaborative on MDS 3.0 as the Engine for High Quality Individualized Care

QUICK ORGANIZATIONAL SELF-ASSESSMENT

INSTRUCTIONS: Rate where you are on a scale of 1—10, (1 = Never; 10 = Always). Indicate areas you will target for improvement. *You can use this self-assessment to have discussions with staff, residents, and families about their perceptions and experiences.* Re-assess throughout the year to see how far you've come.

Facility Name:	Completed by (Name and Position)		
Organizational Practice	Rate (1-10)	Will work on	Comment
Individualized Care from the MDS Section F (Web. Five and Seven)			
1. Residents choose their own bedtime			
2. Residents choose between a tub bath, shower, bed bath, or sponge bath			
3. Residents do their favorite activities			
Individualized Care from QIS Resident Interview (Web. Five and Seven)			
4. Residents make decisions regarding food choices/ preferences			
5. Residents choose when to get up			
6. Residents are involved in decisions about their daily care			
Relational Coordination			
7. Daily CNA documentation aligns with MDS on Mood, Customary Routines, and Functional Status, and QIS Resident Interview (Web. One)			
8. CNAs and nurses have consistent assignments; residents have no more than 10 CNAs taking care of them in a given week (Webs. One and Two)			
9. CNAs participate actively in care plan meetings (Web. Two)			
10. CNAs and nurses have a start of shift huddle (Web. Two)			
11. At shift hand-off, CNAs and nurses from both shifts huddle (Web. Two)			
12. CNAs, nurses, and others on the care team huddle for quality improvement and problem-solving (Web. Three)			
Customary Routines, Quality of Life and Relational Coordination to Inform Quality of Care for:			
13. Promoting mobility and reducing falls with injury (Web. Four)			
14. Individualizing dining (Web. Five)			
15. Making smooth transitions in care (Web. Six)			
16. Reducing use of anti-psychotic medications (Web. Nine)			
17. Preventing and healing pressure ulcers (Web. Ten)			
18. Promoting mental health (Web. Eleven)			