Ageism: prejudice or discrimination against a particular age-group and especially the elderly.

Merriam-Webster dictionary

What Assumptions/Judgements do We Make?
Ableism:
Prejudice against people based on different physical or cognitive abilities.

What Assumptions/Judgements do We Make?

What Assumptions/Judgements do We Make?

Not every disability is visible.
When people exist to us as a stereotype or in a certain box, we fail to see them as human. This sets the environment where care becomes task-focused.
Assumptions and Judgements Result in...

- Loneliness
- Helplessness
- Boredom

**Person-Directed Living is the Antidote to Ageism and Ableism**

- Know people deeply
- Be in relationship
- Build on strengths—what works now
- Understand the joy that saying "You’re welcome!" brings
- Focus on well-being
Comments?

Questions?

QUESTIONS

Hot Topics Series Webinars
TUESDAY, JUNE 25, 2019

Sharing the Vision

It’s Happening: How Anti-Ageism Activists are Changing the Culture of Aging!

Guide: Ashton Applewhite
Hot Topics Series Webinars
THURSDAY, MAY 23, 2019

Growing Person-Centeredness
Person Centered Dementia Care: First Came the Recommendations, Now Let’s Explore the Outcomes!
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