**Ageism Resources**

Pioneer Network Website

* Resource Library: Ageism
  + <https://www.pioneernetwork.net/resource-library/>
    - Old School Anti-Ageism Clearing House
    - Commitment to Challenge Ageism
    - Dress Like a 100-Year Old Call to Action
    - Framing Strategies to Advance Aging and Address Ageism on Policy Issues

#### How Do We Make Sense of the Images We See of Aging and Our Everyday Experiences?

#### The Double Whammy of Ageism and Ableism (Recorded Webinar with Mel Coppola)

#### Books

#### [This Chair Rocks: A Manifesto on Ageism](https://www.pioneernetwork.net/product/chair-rocks-manifesto-ageism/) by Ashton Applewhite

#### Additional Recordings

#### [How Do We Make Sense of the Images We See of Aging and our Everyday Experiences](https://www.youtube.com/watch?v=dt0oo_0iyqU&feature=youtu.be) (Recorded Webinar with Penny Cook)

#### [The Stigma of Being Other: Exploring the Prejudices of Aging and Care](https://www.pioneernetwork.net/2017-conference-session-videos/) (Recorded session from the 2017 Pioneer Network Conference with Guides Mel Coppola and Kim McRae)

#### Pioneer Network Blogs

#### [Ten Myths about Ageing and Health](https://www.pioneernetwork.net/ten-myths-ageing-health/) by Ashton Applewhite

* + - [A New Culture of Aging: Making It Happen](https://www.pioneernetwork.net/a-new-culture-of-aging-making-it-happen/) by Penny Cook
    - [#endageism](https://www.pioneernetwork.net/endageism/) by Mel Coppola
    - [I Hope I Get Old Before I Die](https://www.pioneernetwork.net/i-hope-i-get-old-before-i-die/) by Ashton Applewhite
    - [Old Age Appreciated: The Positive Aging Movement](https://www.pioneernetwork.net/old-age-appreciated-positive-aging-movement/) by Ruth Mutzner, PhD
    - [If aging is so awful, how come no one wants to be younger?](https://www.pioneernetwork.net/aging-awful-come-no-one-wants-younger/) By Ashton Applewhite
* Resources from Ashton Applewhite
  + Website: <https://thischairrocks.com/>
  + Videos: <https://thischairrocks.com/video/>
  + Videos on Vimeo: <https://vimeo.com/showcase/3748539>
  + TED talk: [https://ted.com/talks/ashton\_applewhite\_let\_s\_end\_ageism](https://www.ted.com/talks/ashton_applewhite_let_s_end_ageism)