

Ageism Resources

Pioneer Network Website

- **Resource Library: Ageism**
 - <https://www.pioneernetwork.net/resource-library/>
 - Old School Anti-Ageism Clearing House
 - Commitment to Challenge Ageism
 - Dress Like a 100-Year Old Call to Action
 - Framing Strategies to Advance Aging and Address Ageism on Policy Issues
 - How Do We Make Sense of the Images We See of Aging and Our Everyday Experiences?
 - The Double Whammy of Ageism and Ableism (Recorded Webinar with Mel Coppola)
- **Books**
 - [This Chair Rocks: A Manifesto on Ageism](#) by Ashton Applewhite
- **Additional Recordings**
 - [How Do We Make Sense of the Images We See of Aging and our Everyday Experiences](#) (Recorded Webinar with Penny Cook)
 - [The Stigma of Being Other: Exploring the Prejudices of Aging and Care](#) (Recorded session from the 2017 Pioneer Network Conference with Guides Mel Coppola and Kim McRae)
- **Pioneer Network Blogs**
 - [Ten Myths about Ageing and Health](#) by Ashton Applewhite
 - [A New Culture of Aging: Making It Happen](#) by Penny Cook
 - [#endageism](#) by Mel Coppola
 - [I Hope I Get Old Before I Die](#) by Ashton Applewhite
 - [Old Age Appreciated: The Positive Aging Movement](#) by Ruth Mutzner, PhD
 - [If aging is so awful, how come no one wants to be younger?](#) By Ashton Applewhite
- **Resources from Ashton Applewhite**
 - Website: <https://thischairrocks.com/>
 - Videos: <https://thischairrocks.com/video/>
 - Videos on Vimeo: <https://vimeo.com/showcase/3748539>
 - TED talk: https://ted.com/talks/ashton_applewhite_let_s_end_ageism