



## Music Resources from Singing Heart to Heart

**Contributed by: Mary Sue Wilkinson, Singing Heart to Heart**

[www.singinghearttoheart.com](http://www.singinghearttoheart.com)

Singing Heart to Heart, Connecting through Music, is a website founded by Mary Sue Wilkinson, and designed to provide music resources for dementia care and activity professionals.

**Quick Tips for Successful Song Leaders** is a video Training Series of 5 short (4-5) minute videos about using music in care.

(<https://singinghearttoheart.com/training-video-series>)

**Blog posts** that dig into various aspects of music in care and within that there is a 5 part series called Plan Like a Pro, (<https://singinghearttoheart.com/blog/blog/plan-like-a-pro-part-1>) a 5 part series that digs into various aspects of music in care. This is the link to Part 1 and the others follow on Mary Sue's blog.

Song Guides (<https://singinghearttoheart.com/song-guides>) is available as a pdf and one can choose music based on themes and decades with names of original artists that can be used to make playlists for YouTube or Spotify or with iTunes.

Podcasts are available on the website; the most current one is Let there be Music: The Power of Music in Caregiving, recorded with ElderCare Illuminated.

(<https://singinghearttoheart.com/resource-library>)

And check out Mary Sue's Top Ten Sing Along Favorites with ideas for adding movement to the music. (<https://pioneernetwork.sharefile.com/d-s43ddc7c31574ec29>)